

September, 2024

## CURRICULUM VITAE

**TEDDI STEPIEN DEKA**

### Business Address:

Missouri Western State University  
Department of Psychology, Murphy 217  
4525 Downs Drive  
Saint Joseph, Missouri 64507  
(816) 271-4445

### EDUCATION

Ph.D. June 1997	The Ohio State University Advisor: Fred L. Damarin, Ph.D. Developmental Psychology - Emphasis: Self-esteem, Self-concept Dissertation: <i>The organizational structure and functions of the developing adolescent self-concept</i>
M.A. June 1993	The Ohio State University Advisor: Fred L. Damarin, Ph.D. Developmental Psychology - Emphasis: Adolescence, Self-concept Dissertation: <i>The self-concept in transition: From mid-adolescence to early adulthood</i>
B.S. June 1990	The Ohio State University Major - Psychology, Minor - Political Science Honors Thesis: <i>Self-esteem and self-concept development in adolescence.</i>

## **PROFESSIONAL EXPERIENCE**

### **Professor – Developmental Psychology, Missouri Western State University**

August 2007 to Present

### **Honors Director, Missouri Western State University**

June 2012 to May 2021

### **Associate Professor – Developmental Psychology, Missouri Western State University**

August 2001 to June 2007

### **Assistant Professor - Developmental Psychology, Missouri Western State College**

August 1997 to June 2001

Teaching: Introductory Psychology, Lifespan Development, Child Development, Adult Development, Psychology of Gender, Research Team and various special topics including Honors Colloquia and History of Psychology in Europe with international travel, and applied learning for Psychology of Gender with NYC travel

Incorporated applied learning experiences into classes through students working with community organizations such as Noyes Home, Heartland Foundation/ Mosaic, Hosea Elementary School, Faith in Action, Rainbow Program, Building Bridges, Triumph Program (SJSD/Family Guidance)

Research: Interests in adolescent and emerging adult development and transition, gifted/honors, agency, self-concept, experiential/applied learning, distance learning  
Provided reports for Noyes Home, Heartland Foundation for improvement in programs  
Primarily focused on student involvement in research, mentorship, and support  
Mentored several Majors Honors projects before and during Honors Director tenure

Service: Departmental: Psi Chi and Alpha Chi advisor, development of student handbook, recruitment, evaluation of various psychology faculty for promotion/tenure, mentorship

University: Served on several committees including Faculty Senate, General Studies, Grievance, Honors Committee with leadership positions  
Inter-departmental review for promotion/tenure for HPER and Philosophy departments  
MARSEF co-director

Community: Early Childhood Education Committee through Heartland Foundation, Boy Scouts, Girl Scouts, MO Open Initiative Early Child Education Trainer  
Professional: Alpha Chi Regional and National Secretary, National Scholarship Reviewer for Alpha Chi, Reviewer, Psi Chi Journal, Teaching of Psychology Journal

## **PROFESSIONAL PUBLICATIONS**

- Dove, B., & Deka, T. S. (2023). Mask-wearing and emotional intensity perceptions. *Psi Chi Journal*, 28(1), 38-45. <https://doi.org/10.24839/2325-7342.JN28.1.38>
- Deka, T. S. (2021). Conceptual replication for small-group undergraduate research: A research team's experience. *Journal on Excellence in College Teaching*, 32(3), 5-24.
- Champagne, D. J., & Deka, T. S. (2021). Social distancing: Wait a minute . . . we have been isolating ourselves! In A. J. Samuels & G. L. Samuels (Eds.), *Fostering diversity and inclusion in the social sciences* (pp. 221-236). Information Age.
- Deka, T. S. (2020). A potential for improving honors retention with degree planning. *Honors in Practice*, 16, 127-140.
- Deka, T.S. (2009). *Instructor's Manual for Crooks and Baur's Our Sexuality, 11E*. Thompson Wadsworth.
- Deka, T.S. (2007). Sustaining the trinity of service learning. *Academic Exchange Quarterly*, 11(3), 9-14.
- Deka, T.S. & McMurry, P. (2006). Student success in face-to-face and distance teleclass environments: A matter of contact? *International Review of Research in Open and Distance Learning*, 7(1), 1-15.
- Henry, K.B. & Deka, T. S. (2004). A new edition of your text. *American Psychological Society Observer*, 17, 13-14, 33-34.
- Henry, K. B. & Deka, T. S. (2004). A new edition of your text. In Perlman, B., McCann, L.I., and McFadden, S.H. (Eds.), *Lessons Learned, Vol. 2: Practical Advice for the Teaching of Psychology*. American Psychological Society.
- Multon, P., Barnett, S. Cecchini, V. & Deka, T. (2001). *Instructor resource guide for Plotnik's Introduction to Psychology, 6E*. Wadsworth.

## **PROFESSIONAL REPORTS**

- Deka, T. S. (2012). *Agency and emotions project report*. St. Joseph, MO: Noyes Home for Children.

## **PROFESSIONAL PRESENTATIONS**

- Deka, T. S. (2023, November). A follow-up to “A potential for improving honors retention with degree planning. [Poster presentation]. National Collegiate Honors Council Conference, Chicago, IL, United States.
- Deka, T. S. (2023, April). Can five exercises in 15 minutes promote learning skills in introductory psychology? [Poster presentation]. Midwestern Psychological Association Society for the Teaching of Psychology, Chicago, IL. United States.
- Deka, T. S. (2022, April). *Bringing college to career into the classroom* [Poster presentation]. Midwestern Psychological Association Society for the Teaching of Psychology, Chicago, IL, United States.
- Deka, T. S. (2021, April). *Classroom expectation differences in high school and college* [Poster presentation]. Midwestern Psychological Association Society for the Teaching of Psychology, Virtual, United States.
- Deka, T. S., Jackson, J., & Atkinson, J. (2020, November). *Building a better brand: Marketing your honors program* [Featured presentation]. National Collegiate Honors Council Conference, Virtual.
- Deka, T. S. (2019, November). *Degree planning with freshmen honors students to improve persistence and progress* [Poster presentation]. National Collegiate Honors Conference, New Orleans, LA, United States. Winner of the Faculty Program Innovation Award.
- Deka, T. S. (2019, January). *Using replication studies in undergraduate team research* [Poster presentation]. National Institute on the Teaching of Psychology, Saint Petersburg, FL, United States.
- Deka, T. S. & England, B. (2018, April). *Inspiring undergraduate applied learning through research teams*. [Poster presentation]. Society for the Teaching of Psychology / Midwestern Psychological Association, Chicago, IL, United States.
- Deka, T.S. (2017, April). *Using structured journal assignments to enhance learning in a developmental psychology class* [Poster presentation]. Midwestern Psychological Association, Chicago, IL, United States.
- Deka, T.S., Bensyl, S., & Trifan, D. (2016, November). *Planning and implementing course-integrated honors retreats* [Conference session]. National Collegiate Honors Council, Seattle, WA, United States.
- Deka, T. S. (2015, May). *Exploring parental hypocrisy and effects on attitudes toward childhood*. [Poster presentation]. Association for Psychological Science, New York, NY, United States.

**PROFESSIONAL PRESENTATIONS (continued)**

- Deka, T. S. (2015, March). *Academic leagues: Building inter-society collaboration* [Conference session]. Alpha Chi, Chicago, IL, United States.
- Deka, T. S. & Gerving, S. (2014, May). *Increasing personal agency in behavior problem children* [Paper presentation]. Midwestern Psychological Association, Chicago, IL, United States.
- Deka, T. S. (2013, November). *Coping with high achievement status: Benefits of primary and secondary gifted programs* [Poster presentation]. National Collegiate Honors Council, New Orleans, LA, United States.
- Deka, T. S. (2013, May). *Are highly structured service experiences better for promoting learning goals?* [Poster presentation]. Society for the Teaching of Psychology, Chicago, IL, United States.
- Deka, T. S. (2011, January). *Using WWME dialogues about a kidnapping case to foster interclass mentorship* [Poster presentation]. National Institute on the Teaching of Psychology, Saint Petersburg, FL, United States.
- Deka, T. S. & Wann, P. (2009, May). *Bucket lists, age and generation: A developmental exercise* [Poster presentation]. Midwestern Psychological Association, Chicago, IL, United States.
- Deka, T. S. (2008, February). *Assessing service goals for students, instructors and site supervisors* [Poster presentation]. Conference on Applied Learning in Higher Education, Saint Joseph MO, United States.
- Deka, T. S. (2007, May). *Let's play! A class exercise emphasizing cognitive-developmental Principles* [Poster presentation]. Midwestern Psychological Association, Chicago, IL, United States.
- Deka, T. S. (2006, February). *Using Journals to assess progress in independent research Experiences* [Poster presentation]. Conference on Applied Learning in Higher Education, Saint Joseph, MO, United States.
- Deka, T. S. (2005, October). *Psychology honors: Into the life of a serial killer* [Paper presentation]. National Collegiate Honors Council, Saint Louis, MO, United States.
- Deka, T. S. & Wann, J. (2005, October). *Teaching together or apart: Program changes and their Effect on self-esteem* [Conference session]. Gifted Association of Missouri, Osage Beach, MO, United States.
- Deka, T. S. (2005, January). *Detecting lies: Is seeing believing?* [Poster presentation]. National Institute on the Teaching of Psychology, Saint Petersburg, FL, United States.

**PROFESSIONAL PRESENTATIONS (continued)**

- Deka, T. S. (2003, January). *The best use of class time: First exposure versus synthesis* [Poster presentation]. National Institute on the Teaching of Psychology, Saint Petersburg, FL, United States
- Deka, T. S. (2001, January). *Does contact with instructor predict distance learner success?* [Poster presentation]. National Institute on the Teaching of Psychology, Saint Petersburg, FL, United States.
- Deka, T. S. (2000, April). *Self-esteem and self-consistency as predictors of identity style* [Paper presentation]. Midwestern Psychological Association, Chicago, IL, United States.
- Deka, T. S. (1999, August). *Activity illustrating gender and cohort differences in body image* [Poster presentation]. American Psychological Association, Boston, MA, United States.
- Deka, T. S. (1999, January). *A class project illustrating gender and cohort differences in body image* [Poster presentation]. National Institute on the Teaching of Psychology, Saint Petersburg, FL.
- Deka, T.S. (1998, April). *Are self-descriptions self-serving? A developmental comparison of positive and negative attributes in adolescence* [Paper presentation]. Midwestern Psychological Association, Chicago, IL, United States.

**PROFESSIONAL PRESENTATIONS WITH STUDENTS**

- Bertram, E., Lee, C., Cotton, L, Lewis, K, & Deka, T. (2015, March). *Selfie-art or self-harm: Do our perceptions affect body image?* [Poster presentation]. Alpha Chi National Convention, Chicago, IL, United States.
- Deka, T. S. & O'Dell, A. C. (2008, May). *Appearance and self-worth implications for sexualized and functionalized body perception* [Poster presentation]. Midwestern Psychological Association, Chicago, IL, United States.
- O'Dell, A. C. & Deka, T. S. (2007, May). *Obese show lower investment in self-worth contingencies across domains* [Poster presentation]. American Psychological Society, Washington, D.C, United States.
- Deka, T. S. & Deets, C. D. (2006, May). *Negative self-descriptions reflect self-worth, development and transition in middle school* [Poster presentation]. American Psychological Society, New York, NY, United States.
- Deka, T. S. & Mobley, A. (2004, May). *Accurate and inaccurate stereotype threats affect male and female performance* [Poster presentation]. American Psychological Society, Chicago, IL, United States.

**PROFESSIONAL PRESENTATIONS WITH STUDENTS (continued)**

Deka, T. S. & Baker, B. K. (2001, April). *Exploring self-enhancing tendencies of male juvenile delinquents* [Poster presentation]. Midwestern Psychological Association, Chicago, IL, United States.

**SPONSOR OF STUDENT PSYCHOLOGY PRESENTATIONS**

George, A. (2023, November). Gender role identity, gender, brand loyalty, consumption values, ethics, self-esteem, and personal care products [Poster presentation]. National Collegiate Honors Council, Chicago, IL, United States.

Galloway, J., & George, A. (2023, April). Gender role identity, gender, and personal care products [Poster presentation]. Midwestern Psychological Association Psi Chi Division, Chicago, IL, United States.

Goerlitz, C. (2022, March). *Factors affecting utilitarian decision-making in trolley problems and other moral dilemmas* [Poster presentation]. Midwestern Psychological Association Psi Chi Division, Chicago, IL, United States.

Vance, K., Smith, C., Corpus, A., Mackall, T., GrandPre, R., & Cornett, B. (2022, April). *Time, change, and the self* [Poster presentation]. Midwestern Psychological Association Psi Chi Division, Chicago, IL, United States.

Goerlitz, C., Dove, B., & King, G. (2021, March). *The influence of facemasks on recognizing emotion* [Poster presentation]. Midwestern Psychological Association Psi Chi Division, Virtual, United States.

Bright, A., Bowman, E., Rhinehart, K., Rickel, S., Shavnore, S., & Wyss, S. (2020, March). *Ethical decision-making in college* [Poster presentation]. Great Plains Student Psychology Conference, Saint Joseph, MO, United States.

Beier, J. (2019, March). *Differences in emotional interpretation of Spanish-English and English-Spanish bilinguals* [Poster presentation]. Great Plains Undergraduate Student Psychology Convention, Springfield, MO, United States. \*2<sup>nd</sup> Place Award Winner

Jackson, T., Muir, L., Schrader, L, Herrman, L., & Hansen, K. (2019, March). *The effects of physical activity and screen time on sleep quality in college students* [Poster presentation]. Great Plains Undergraduate Student Psychology Convention, Springfield, MO. \*2<sup>nd</sup> Place Award Winner

Souther, J. (2019, March). *The end of history illusion and time preferences in college students: Honors vs. non-honors* [Poster presentation]. Great Plains Undergraduate Student Psychology Convention, Springfield, MO. \*1<sup>st</sup> Place Award Winner

**SPONSOR OF STUDENT PSYCHOLOGY PRESENTATIONS (continued)**

- Sanders, J. (2018, April). *Patterns of information-seeking in parents of young children* [Poster presentation]. Midwestern Psychological Association, Chicago, IL.
- Lund, T., Souther, J., & Wood, M. (2018, March). *Predicting change in college: The end of history illusion* [Paper presentation]. Great Plains Undergraduate Psychology Convention, Topeka, KS, United States.
- Hicks, S. (2017, April). *Perceptions of complementary alternative medicine (CAM) across age groups* [Poster presentation]. Midwestern Psychological Association Psi Chi Division, Chicago, IL, United States.
- Snyder, M. (2017, April). *Faculty and student attitudes toward disability labels and behaviors in a university setting* [Poster presentation]. Midwestern Psychological Association Psi Chi division, Chicago, IL, United States.
- Sanders, J. & Hernandez, B. (2017, March). *What do parents want?* [Poster presentation]. Great Plains Undergraduate Psychology Convention, Fort Hays, KS, United States. \*2<sup>nd</sup> Place Award Winner.
- Cayton, J. (2016, March). *Good night, sleep tight: Effects of relaxation techniques in children's literature* [Poster presentation]. Great Plains Undergraduate Psychology Convention, Kearney, NE, United States. \*1<sup>st</sup> Place Award Winner.
- Cayton, J., Culver, M. & McKnight, K. (2015, March). *Perceived parenting styles and the big five personality traits* [Poster presentation]. Great Plains Student Psychology Convention, Wichita, KS, United States. \*2<sup>nd</sup> Place Award Winner.
- Rogers, N., Sykes, H., Wilson, D., & Trenkle, L. (2014, March). *Do consistent parents make consistent adults?* [Paper presentation]. Great Plains Student Undergraduate Conference, Kansas City, MO, United States. \*2<sup>nd</sup> Place Award Winner.
- Bradley, R. (2014, March). *Need a hand? Helping behavior and the perceived desire for help* [Poster presentation]. Great Plains Student Undergraduate Conference, Kansas City, MO, United States. \*1<sup>st</sup> Place Award Winner.
- Padilla, R., & Herrington, G. (2013, March). *Breast perception: Does it change by gender and age?* [Poster presentation]. Great Plains Student Undergraduate Conference, Omaha, NE, United States. \*1<sup>st</sup> Place Award Winner.
- Hiatt, D., Rock, C., & Comninellis, B. (2012, March). *Increasing children's personal agency through applied service learning* [Paper presentation]. Great Plains Student Undergraduate Conference, Maryville, MO, United States.



**SPONSOR OF STUDENT PSYCHOLOGY PRESENTATIONS (continued)**

- Anderson, A., Donaldson, T., & Long, T. (2011, March). *Life or death? Rating symbols while considering religiousness* [Paper presentation]. Great Plains Student Undergraduate Conference, Topeka, KS, United States.
- Kelder, K. (2010, May). *Strengthening adolescent emotional intelligence: Faith and Family* [Poster presentation]. Midwestern Psychological Association Psi Chi Division, Chicago, IL, United States. \*Psi Chi 1<sup>st</sup> Place Award Winner.
- Rollins, K. (2010, May). *Study away: A cultural, personal and educational experience* [Poster presentation]. Midwestern Psychological Association Psi Chi Division, Chicago, IL, United States.
- Cox, T., & Spitzer, B. (2010, March). *Family and friends: Their effect on emotional intelligence in preadolescence* [Poster Presentation]. Great Plains Student Undergraduate Conference, Saint Joseph, MO, United States. \*2<sup>nd</sup> Place Award Winner.
- Wolfe, S. (2009, May). *Denial of child's disability and use of child care services* [Poster presentation]. Midwestern Psychological Association Psi Chi Division, Chicago, IL, United States.
- Collings, S. & Kelder, K. (2009, March). *Emotional intelligence and religion in early adolescence* [Poster presentation]. Great Plains Undergraduate Student Convention, Kearney, NE, United States. \*1<sup>st</sup> Place Award Winner.
- Hietbrink, L. & Wolfe, S. (2008, May). *Outcomes of elementary gifted programs in early adulthood coping and self-esteem* [Poster presentation]. Midwestern Psychological Association Psi Chi Division, Chicago, IL, United States.
- Lyday, R. (2007, May). *Gifted and confident: The benefits of gifted programs on coping skills* [Poster presentation]. Midwestern Psychological Association Psi Chi Division, Chicago, IL, United States.
- O'Dell, A. (2007, May). *Impact of parenting styles on weight in college females* [Poster presentation]. Midwestern Psychological Association Psi Chi Division, Chicago, IL, United States.
- Dailey, K.M. (2007, May). *Birth order and its effect on motivation and academic achievement* [Poster presentation]. Midwestern Psychological Association Psi Chi Division, Chicago, IL, United States.
- Mobley, A. (2003, October). *Gender differences in a mental rotation task among advanced majors* [Paper presentation]. Undergraduate Research Summer Institute Symposium, Saint Joseph, MO, United States.

### **SPONSOR OF STUDENT PSYCHOLOGY PRESENTATIONS (continued)**

Bray, B. (2002, October). *Teaching together or teaching apart: A cross-sequential analysis of the Rainbow Program* [Paper presentation]. Undergraduate Research Summer Institute Symposium, Saint Joseph, MO, United States.

### **SPONSOR OF STUDENT INTERDISCIPLINARY PRESENTATIONS**

Delancy, S. & Hancock, B. (2018, March). *The importance of nursing in education* [Poster presentation]. Great Plains Honors Council Conference, Beaumont, TX, United States.

Banks, E. (2017, April). *Spaces, places and races* [Paper presentation]. Apha Chi National Conference, Louisville, KY, United States.

### **SPONSOR OF HONORS THESES**

Turner, S. (2024). *Gender minorities and adjustment to college.*

George, A. (2023). *The relationship between gender role identity and brand loyalty, consumption values, and ethically minded consumer behaviors.*

Goerlitz, C. (2022). *Factors Affecting Utilitarian Decision-Making in Trolley Problems and other Moral Dilemmas*

Beier, J. (2019). *Differences in emotional interpretation of Spanish-English and English-Spanish bilinguals*

Souther, J. (2019). *The end of history illusion and time preferences in college students: Honors vs. nonhonors*

Sanders, J. (2018). *Racial and ethnic differences in preferences for receiving information on early childhood*

Hicks, S. (2017). *Perceptions of complementary and alternative medicine (CAM) across age Groups*

Snyder, M. (2017). *Faculty and student attitudes toward disability labels and behaviors in a university setting*

Bradley, R. (2014). *Need a hand? Helping behavior and the perceived desire for help.*

Kelder, K. (2009). *Strengthening Emotional Intelligence: Faith and Family.*

O'Dell, A. (2007). *Impact of Individual Differences and Parenting Styles on Weight in College Females.*

**SPONSOR OF HONORS THESES (continued)**

Lyday, R. (2007). *Gifted and confident: The benefits of gifted programs on coping skills*

Baker, B. (2001). *Moral Reasoning and Distortions of Delinquents and Non-Delinquents.*

Clark, J. (1998). *Benefits of Breastfeeding on Attachment.*

**PROFESSIONAL SERVICE**

2020-Present	Midwestern Psychological Association Local Representative
2009-Present	Peer Reviewer, Psi Chi Journal of Undergraduate Research
2019-2021	Reviewer, Sledge-Benedict Scholarship for Alpha Chi
2016-2018	Reviewer, Gaston-Nolle, Scholarship for Alpha Chi
2016-2018	Manuscript Editor, Alethia, The Alpha Chi Journal of Undergraduate Scholarship
2014, 2015, 2016	Judge, Alpha Chi Honors Society Conference
2000-2015	Peer Reviewer, The American Psychological Association's Division Two Journal, <i>Teaching of Psychology</i>
2007-2020	Peer Reviewer, Psi Chi Midwestern Region Undergraduate Research for Conference Acceptance and Awards
2000, 2004, 2006, 2009-2020	Judge, Great Plains Undergraduate Conference
Fall 2006 – Spring 2010	Midwest Psi Chi Regional Steering Committee Member
Fall 2003 – 2004	Peer Reviewer, Journal of Psychological Inquiry
January 2001	Peer Reviewer, Jean Piaget Society's Annual Meeting

**PROFESSIONAL ORGANIZATIONS**

- 1992-Present                      Midwestern Psychological Association
- 2002-2020                        Association for Psychological Science  
Formerly the American Psychological Society

**RECOGNITIONS / AWARDED FUNDS**

- 2021   MWSU Council of Chairperson’s Award recipient
- 2020   Most Influential Professor awarded by Lauryn Muir (Psychology), Spring 2020 Honors Medal Ceremony
- 2020   Alpha Chi Region IV Distinguished Service Award, for service to the organization
- 2019   National Collegiate Honors Council first place winner of the Faculty Program Innovation award for the presentation, “Degree planning with honors students to improve persistence and progress
- 2019   Most Influential Professor awarded by Lauren Coon (Nursing) and Shae Delancy (Education), Fall 2019 Honors Medal Ceremony
- 2019   Most Influential Professor awarded by Jordan Souther (Psychology), Spring 2019 Honors Medal Ceremony
- 2018   Most Influential Professor awarded by Jasmine Sanders (Psychology), Honors Medal Ceremony
- 2017   Scanlon Award for Excellence in Community Service
- 2017   Heartland Foundation Volunteer Service Heart Award recipient
- 2017   Most Influential Professor awarded by Angelia Field, Honors Medal Ceremony
- 2017   Most Influential Professor awarded by Shelby Hicks, Honors Medal Ceremony
- 2016   Alpha Chi Lambda Compass Award Recipient nominated by Jasmine Sanders
- 2016   Alpha Chi Lambda Compass Award Recipient nominated by Brett Spitzer
- 2015   Alpha Chi Lambda Compass Award Recipient nominated by Shelby Hicks
- 2015   Governor's Award for Excellence in Education (presented to one individual at each of the 13 public universities in Missouri)

**RECOGNITIONS / AWARDED FUNDS (continued)**

- 2014 Association for college Honors Societies Honors Council Grant - \$1000 Grant
- 2014 Missouri Campus Compact Mini-Grant - \$250 Grant
- 2013 Alpha Chi Lambda Compass Award Recipient nominated by Jenny Stanhope
- 2011 MWSU Student Organization Advisor of the Year presented by the Student Government Association
- 2008 MWSU Critical Thinking Award recipient
- 2007 MWSU Jesse Lee Meyers Excellence in Teaching Award recipient
- 2006 MWSU Disability Services Outstanding Instructor recipient
- 2005 MWSU Council of Chairpersons Award recipient
- 2005 Missouri Western State College funding for research in applied learning - \$2000 award
- 2003 Student Organization Advisor of the Year presented by the Student Government Association.
- 2002 Saint Joseph Public Schools Appleseed Grant - \$500 grant in conjunction with Joann Wann.
- 2001 Funding for Results Reward Funding for “Exploring contributions to the success of distance learners in Psychology 101 - \$1000 award.
- 1999 Funding for Results Incentive Funding for “Exploring contributions to the success of distance learners in Psychology 101" - \$1600 award.
- 1999 Funding for Results Reward Funding for “Class involvement which fosters retention and knowledge about psychology of gender” - \$2000 award.
- 1999 Recipient of the Society for the Teaching of Psychology (APA Division Two) National Award - innovative teaching for “A class project illustrating gender and cohort difference in body image” - \$500 award and invitation to the 1999 APA convention.

**COMMUNITY SERVICE**

2023 – Present	Alpha Chi National Secretary and Executive Board member
2021 – Present	Institutional Review Board (IRB), Missouri Western State University
2020 – Present	Director of Childhood Studies Minor, Missouri Western State University
2016 – Present	Alpha Chi Region IV Secretary and Regional Representative on National Council, Ad Hoc Convention Committee, Scholarship Committee
2012 – Present	Psi Chi, Missouri Western Chapter Faculty Advisor
2012 – Present	Alpha Chi, Missouri Western Lambda Chapter Faculty Advisor
2020 – 2023	General Studies Committee (2022 Chair)
2015 – 2018	Honors League, Missouri Western Chapter Faculty Advisor
2014 – 2018	College Completion Team: Retention 2 <sup>nd</sup> to 3 <sup>rd</sup> Year, Missouri Western State University
2012 – 2021	Honors Director, Missouri Western State University
2012 – 2021	Student Honors Organization (SHO) Missouri Western Chapter Faculty Advisor
2012 – 2016	Faculty Senate, Missouri Western State University
2011 - 2022	Education Empowers Early Education Team (P-20 Council for Northwest Missouri) – MWSU Representative
2010-2011	Academic Honesty Committee – Missouri Western State University
2010	Awards Director – Great Plains Undergraduate Student Psychology Convention, hosted at Missouri Western State University
2007-2008	MWSU Strategic Plan Valuing People Core Committee
2005-2008	General Studies Committee Member – Missouri Western State University
2004-2007	Sponsor: Delta Sigma Theta Sorority – Missouri Western State University
2003-2012	Co-Director: Mid-America Regional Science and Engineering Fair

**COMMUNITY SERVICE (continued)**

2002-2012	Honors Committee member – Missouri Western – Scholarship Subcommittee
2001-2002	Grievance Committee (Chair, 2002) – Missouri Western State University
1999-2004	Judiciary Panel Member - Missouri Western State University
1998-2012	Psychology Recruitment Coordinator - Missouri Western State University
1997-2012	Psychology Club Sponsor - Missouri Western State University
1998-1999	Faculty Evaluation Committee (Secretary) - Missouri Western State University
1997-2004	Interagency Council on Aging representative for Missouri Western State University

**COMMUNITY TRAININGS, COMMUNITY PRESENTATIONS**

2/22/19	Director’s Symposium, St. Joseph United Way Success by Six, Saint Joseph, MO “Technology and the Developing Brain”
10/16/18	Educare Training, Youth Alliance, Saint Joseph, MO “This Is Your Brain on Electronics”
1/28/16	American Association of University Women Invited Presentation “Thinking Young: Cognitive Advancements in the Modern Age”
11/23/15	Home and School Association, Saint Francis Xavier Invited Presentation “This is your Child’s/ Teen’s Brain on Electronics”
9/28/15	United Way Success by Six Invited Presentation “This is your Child’s Brain on Electronics”
9/12/15	Saint Joseph Teachers Association Invited Presentation “Using Personal Agency to Increase Emotional Intelligence”
9/28/14	United Way Success by Six Invited Presentation “Taming the Temper Tantrum”

**COMMUNITY TRAININGS, COMMUNITY PRESENTATIONS (continued)**

- 2/3/14 United Way Success by Six Adventures in Parenting Series Invited Presentation  
“Just Floating Around”
- 11/11/13 United Way Success by Six Adventures in Parenting Series Invited Presentation  
“Baby’s Brain Development”
- 3/18/13 Women’s History Month Faculty Panel, Missouri Western State University Invited Presentation  
“Gender and Age Differences in Breast Perception”
- 2/11/13 United Way Success by Six Adventures in Parenting Series Invited Presentation  
“Time In versus Time Out”
- 9/18/12 United Way Success by Six Adventures in Parenting Series Invited Presentation  
“Youngest versus Oldest: Birth Order Differences”
- 9/20/11 American Business Woman’s Association Invited Presentation  
“Thinking Young: Cognitive Enhancement in the Modern Age”
- 12/10/10 KTAJ TBN TV 16 Invited Presentation for “Joy in Our Town” series  
“Child Discipline Techniques”
- 11/22/10 United Way Success by Six Adventures in Parenting Series Invited Presentation  
“Stop the Biting!”
- 2/23/10 United Way Success by Six Adventures in Parenting Series Invited Presentation  
“Is My Child’s Development on Track?”
- 1/18/10 YWCA Invited Presentation: Early Learning Training Series  
“An Overview of Early Childhood Development”
- 2/16/09 United Way Success by Six Parents as Teachers Invited Presentation  
“Birth Order and Your Child’s Development”
- 10/8/08 Saint Joseph Youth Alliance Educare Training Invited Presentation  
“Girls are from Venus, Boys are from Mars”



**COMMUNITY TRAININGS, COMMUNITY PRESENTATIONS (continued)**

- 10/12/07 United Way Success by Six Parents as Teachers Invited Presentation  
“Girls are from Venus, Boys are from Mars”
- 10/16/06 United Way Success by Six Parents as Teachers Invited Presentation  
“Age-Appropriate Discipline”
- 04/15/06 Daughters of the American Revolution Invited Presentation  
“Finding the Fountain of Youth”
- 03/09/06 United Way Success by Six Parents as Teachers Invited Presentation  
“Discipline and the Young Child: Supernanny versus Sensibility”
- 03/23/05 Missouri Western State College – Psi Chi Induction  
“Safeguards for Children in Research”
- 02/22/05 United Way Success by Six and Parents as Teachers Invited  
Presentation  
“Early Brain Development”
- 10/28/03 Missouri Western State College – Undergraduate Summer Research  
Institute Presentation with Angela Mobley (Student)  
“Gender Differences in a Mental Rotation Task among Advanced Majors”
- 10/20/02 Missouri Western State College – Undergraduate Summer Research  
Institute Presentation with Brandy Bray (Student)  
“Teaching Together or Teaching Apart: A Cross-Sequential Analysis of  
the Rainbow Program”
- 5/8/02 YWCA – Invited Presentation  
“Teen Parenting Seminar”
- 4/10/01 Missouri Western State College – Panel Presentation: The Best of Fall  
Teaching Conferences  
“How to Emphasize Other Cultures by Gaining Perspective on Ours”
- 9/21/00 Missouri Western State College - Technology and Teaching Lecture  
Series for Faculty  
“Smart Uses of Time and Spaces for Learning”
- 4/21/99 Psi Chi Graduate School Forum - Missouri Western State College  
“Preparing for Graduate School in Psychology”

**COMMUNITY TRAININGS, COMMUNITY PRESENTATIONS (continued)**

12/8/97 Youth Alliance - Saint Joseph, Missouri – Invited Presentation  
“Steps for finding, and utilizing, psychological questionnaires”

11/4/97 Psi Chi Induction - Missouri Western State College  
“The development of affective self-descriptions in adolescence”

**CONSULTATION**

2018 National Collegiate Honors Council, Consultant Center, student groups,  
advising students, mental health

2016 Education Empowers Early Education Team (P-20 Council for Northwest  
Missouri) – Survey development, data collection, analysis

2012-Present MO Professional Development Certification for training early childhood  
educators

2008 – 2012 United Cerebral Palsy of Northwest Missouri (UCP) Family Survey on  
Child Care Services – Data analysis and interpretation

2004 Foster Parent Association of Saint Joseph – Attachment Issues

2000-2007 Saint Joseph Rainbow Project for Gifted Students Survey and Data  
Analysis

1999 Saint Joseph Department of Housing Senior Citizen Survey and Data  
Analysis

1997 State of Ohio Teachers’ Union Survey of Members